

Worksheet #1 (Alfred A.)

Follow the instructions below (use Alfred A. as an example).

I want to push at school, but I know it will get me into trouble. Instead, I will breathe.

I want to hit at home, but I know it will get me into trouble. Instead, I will draw.

I want to _____ at school, but I know it will get me into trouble. Instead, I will _____.

I want to _____ at home, but I know it will get me into trouble. Instead, I will _____.

